

TONEGYM

MEMBERSHIP FACTSHEET

THE IDEAL SETTING TO REPLENISH ENERGY AND GET FIT

FACILITIES INCLUDE

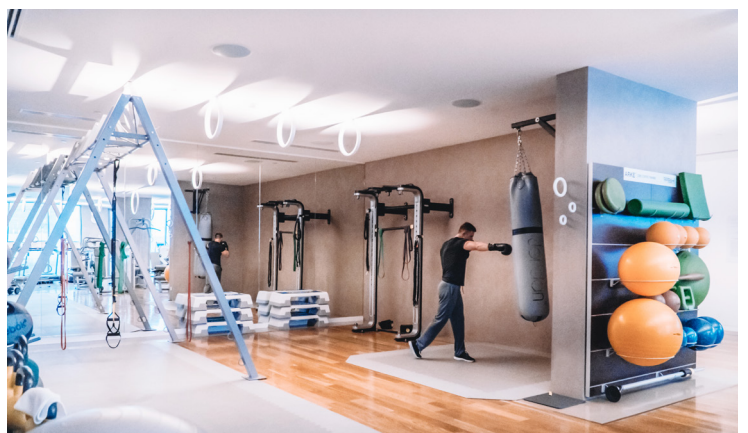
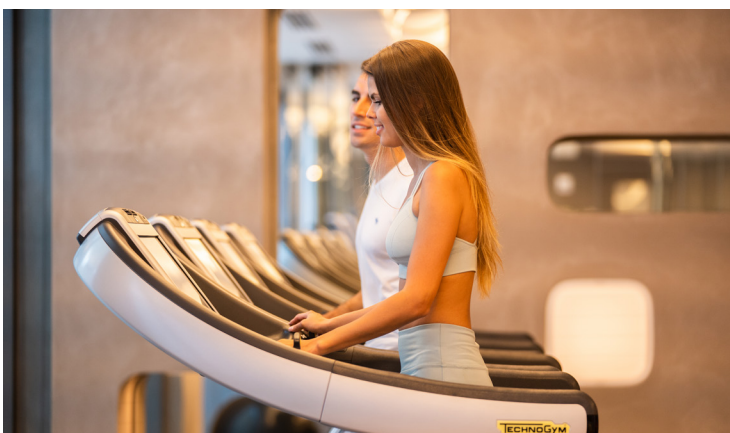
- Mixed gym fitted with the latest Technogym training equipment and a TRX system
- Spinning & Stretching Studio
- Changing Zone
- Steam Rooms

THE FITNESS & WELLNESS EXPERIENCE

Tone Gym inspires fitness starting from the most basic levels. Build strength and flexibility at Tone Gym fitted with the best cardio, strength, balance, resistance and suspension training equipment. Wind down after the workout in our Steam room.

PERSONALISED ATTENTION

Our accomplished Personal Trainers take time out to discuss your fitness regimen and workout needs while motivating you through every stage of it.



MEMBERSHIP RATES

Single

1 MONTH

495

3 MONTHS

1,125
(375/month)

6 MONTHS

1,950
(325/month)

COMPLIMENTARY COUPONS

In-Body Analysis

1

3

6

Personal Training Sessions

1

1

1

Resort Pool & Beach Day Passes

1

2

3

PERSONALIZED SESSIONS

Personal Training - Each

X1

275

X5

240

X10

200

X25

180

In-Body Analysis

50

DISCOUNTS

Single Personal Training Sessions

20%

Spa Treatments

30%

Spa Hydrothermal Facilities

30%

Food & Beverage at Key West, Café Nikki & Soul Lounge

20%

All prices are in Emirati Dirhams (AED) inclusive of 7% municipality fee and 5% VAT.

OPERATING HOURS

6.00am to 10.00pm daily

TONEGYM.DUBAI@NIKKIBEACHHOTELS.COM

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