THE FITNESS & WELLNESS EXPERIENCE
Nikki Beach Resort & Spa Dubai inspires fitness starting from the most basic levels. Build strength and flexibility at Tone Gym fitted with the best cardio, strength, balance, resistance and suspension training equipment.

THE RECREATIONAL EXPERIENCE
Featuring water temperature controlled outdoor Lap and Recreational pools, and 450 meters long pristine beach.

PERSONALISED ATTENTION
Our accomplished Personal Trainers take time out to discuss your fitness regimen and workout needs while motivating you through every stage of it.

FACILITIES INCLUDE:
• Fitness Studio fitted with the latest Technogym strength, balancing, cardio, resistance and suspension training equipment
• Group Exercise Studio
• Complimentary Wi-Fi throughout the resort
• 450 meters long sandy beach
• Water temperature controlled outdoor Resort pool 20m x 9m & lap pool 27m x 3m
• Attractive benefits for you to enjoy at Nikki Spa and at the resort’s restaurants.

DAILY OPERATING HOURS
Tone Gym: 6 am to 10 pm
Outdoor Pool: 8 am to 8 pm
Beach: 8 am to sunset

DAY USE RATES (AED)
Tone Gym 60
Resort Pool & Beach - Weekday - Adults 200
Resort Pool & Beach - Weekday - 12 Years & Below 100
Resort Pool & Beach - Weekend - Adults 300
Resort Pool & Beach - Weekend - 12 Years & Below 150

MEMBERSHIP RATES - SINGLE

| Duration | Gym Only | Fitness + Pool + Beach | Total
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<thead>
<tr>
<th></th>
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</thead>
<tbody>
<tr>
<td>1 Year</td>
<td>17,500</td>
<td>28,500</td>
<td>5,500</td>
</tr>
<tr>
<td>6 Months</td>
<td>9,250</td>
<td>14,750</td>
<td>4,125</td>
</tr>
<tr>
<td>3 Months</td>
<td>5,125</td>
<td>7,890</td>
<td>1,875</td>
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MEMBERSHIP RATES - COUPLES

| Duration   | Gym Only | Fitness + Pool + Beach | Total
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</thead>
<tbody>
<tr>
<td>1 Year</td>
<td>21,375</td>
<td>35,000</td>
<td>4,125</td>
</tr>
<tr>
<td>6 Months</td>
<td>11,100</td>
<td>17,750</td>
<td>5,500</td>
</tr>
<tr>
<td>3 Months</td>
<td>5,890</td>
<td>9,250</td>
<td>1,405</td>
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MEMBERSHIP RATES - 12 YEARS & BELOW

| Duration | Gym Only | Fitness + Pool + Beach | Total
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</thead>
<tbody>
<tr>
<td>1 Year</td>
<td>5,500</td>
<td>8,500</td>
<td>1,875</td>
</tr>
<tr>
<td>6 Months</td>
<td>2,440</td>
<td>4,000</td>
<td>1,050</td>
</tr>
<tr>
<td>3 Months</td>
<td>1,405</td>
<td>2,300</td>
<td>525</td>
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PERSONALISED SESSIONS

| Type                      | Gym Only | Fitness + Pool + Beach | Total
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<tbody>
<tr>
<td>In-Body Analysis</td>
<td>275</td>
<td>450</td>
<td>175</td>
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<tr>
<td>Personal Training Sessions</td>
<td>240</td>
<td>380</td>
<td>140</td>
</tr>
<tr>
<td>Resort Pool &amp; Beach - Workday - Adults</td>
<td>10,500</td>
<td>16,500</td>
<td>5,000</td>
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DISCOUNTS

| Category | Rate
|----------|------|
| Banquets & Events | 10%
| Rooms & Suites | 15%
| Food & Beverage | 20% (Excluding Beach Club & Nikki Privé)

MEMBERSHIP RATES - CORPORATE

| Duration | Gym Only | Fitness + Pool + Beach | Total
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</thead>
<tbody>
<tr>
<td>1 Year</td>
<td>13,125</td>
<td>21,375</td>
<td>4,125</td>
</tr>
<tr>
<td>6 Months</td>
<td>6,940</td>
<td>11,100</td>
<td>5,500</td>
</tr>
<tr>
<td>3 Months</td>
<td>3,845</td>
<td>5,890</td>
<td>1,405</td>
</tr>
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COMPLIMENTARY COUPONS

| Type | Quantity | Duration | Price
|------|----------|----------|------|
| Personal Training | 1 | 1 Year | 4
| Personal Training | 2 | 6 Months | 2
| Personal Training | 3 | 3 Months | 1
| Spa Package | 55 min | 1 Year | 6
| Spa Package | 40 min | 6 Months | 3
| Spa Package | 25 min | 3 Months | 1

UNLIMITED ACCESS TO:
- Fitness Studio (for the duration of the membership)
- Toned & Sculpted (for the duration of the membership)

For reservations or more information please contact TONEGYM.DUBAI@NIKKIBEACHHOTELS.COM

PEARL JUMEIRA, PO BOX 8286, DUBAI, UNITED ARAB EMIRATES
T: +971 4 376 6149

RESORT MEMBERSHIP OCTOBER