

NIKKI SPÅ™



# LIVE THE VIBES. LOVE THE RECOVERY

Multi award winning Nikki Spa beats at the heart of the resort. Nurture your senses at our stylish venue featuring immersive spa lifestyle experiences and stunning facilities.

Solo and social spaces comprise seven beautifully appointed separate spa suites for men and women, one devoted for couples, hammam chamber, saunas, steam rooms, ice fountains, relaxation zones and mixed outdoor vitality pool.

Our team of talented spa experts is here to guide you and ensure that your Nikki Spa experience meets your every need.

Designed as the ideal retreat, we invite you to fully relax and unwind with our carefully curated treatment concepts and the best in skin care products.

## PRODUCTS

### **CLARINS:**

Created in 1954, French skin care brand Clarins brings together innovative plant powered products and the art of Clarins touch. At the heart of each Clarins treatment is a sensory experience that combines pure plant extracts and aromatic oils, with the power of the hands to deliver the ultimate beauty and well-being results.

### **ELEMENTAL HERBOLOGY:**

The philosophy of British born Elemental Herbology is based on the Five Element Theory in Traditional Chinese Medicine, a belief that everything in life needs to work in harmony in order to achieve perfect equilibrium. Using innovative ingredient technology and natural botanicals the products have been expertly developed to provide the ultimate in skin nutrition and holistic care.

### **LE SENS DE MARRAKECH:**

Made in Morocco, Les Sens de Marrakech combines natural and precious ingredients such as the rare cosmetic Argan Oil with captivating indigenous scents and sensual textures that are harmoniously infused with originality, creativity and skill. From the delicately hand crafted and distinctive artisan packaging to effective traditional concoctions, Les Sens de Marrakech will transport you on a delightful ancestral voyage with a modern twist.



# NIKKI SPA EXCLUSIVE

## DRIFTER

*by Clarins*

110 min

Total escapism Nikki Beach Style. Surrender to the talents of your therapist who will assess your needs and personalize your treatment from top to toe your way.

### INCLUDES:

Foot Ritual • Personalized Facial\* & Body Massage\*

## SURF & TURF

*by Elemental Herbology*

110 min

Combines a re-mineralizing and purifying thermal clay wrap with a tension releasing body massage to restore balance and revive the senses.

### INCLUDES:

Foot Ritual • Salt & Oil Body Scrub • Thermal Body Wrap  
Body Massage • Scalp Massage

## DREAMER

*by Elemental Herbology*

85 / 110 min

This treatment experience delivers triple results by targeting three key areas: the back, the face and the scalp, making it the ideal pick-me up treat for anyone.

### INCLUDES:

Foot Ritual • Back Exfoliation • Back / Full Body Massage  
Facial • Scalp Massage

\* selected treatments

# NIKKI SPA SIGNATURE

*by Clarins*

A special collection of custom made rituals designed to provide on the spot targeted solutions.

## REVIVE

110 min

Travelling, changing time zones and lack of quality sleep can take their toll on vitality. This ritual helps to address jet lag and lack of sleep, reconnect and re-align physical and energetic balance to reset your body clock, invigorate mind and body.

INCLUDES:

Foot Ritual • Hot Rock Body Massage • Scalp Massage

## REPAIR

110 min

The perfect solution for sun drenched and environmentally damaged skins. A calming wrap followed by deeply nourishing body hydration and a soothing facial to provide comfort while replenishing the skin from head to toe.

INCLUDES:

Foot Ritual • Calming Body Wrap • Neck & Shoulder Massage  
Soothing Facial

## RETREAT

110 min

The ultimate chill-out therapy with stress busting results to re-balance equilibrium. Focuses on ironing out key areas of tension, to help mind, body and spirit re-connect and instil positive thoughts - pure bliss!

INCLUDES:

Foot Ritual • Foot Massage • Leg Massage • Back Massage  
Express Facial • Scalp Massage



## REFUEL

110 min

Pre-party instant energy booster to keep the candle burning at both ends. This uplifting ritual combines Clarins Tonic Body Oil, rich in invigorating essential oils, with stimulating massage techniques to awaken energy centres and heighten the senses.

INCLUDES:

Foot Ritual • Invigorating Body Scrub & Body Massage • Scalp Massage

## RECOVER

110 min

Post-party care to cleanse, detoxify and revitalize sluggish body systems. A plant based mud wrap followed by a draining massage utilizes Clarins Contour Body Oil with essential oils of Geranium and Marjoram to purify and renew.

INCLUDES:

Foot Ritual • Detox Body Wrap • Draining Body Massage



# FACIALS

*by Clarins*

Each Clarins facial is unique and perfectly adapted to you. Combining the power of expert hands with high performance formulas, at the core of each treatment is a 20 minute massage designed to deliver instantly visible and long lasting results.

## AGE DEFYING FACE & EYES

85 min

This rejuvenating facial and lifting eye treatment helps minimize fine lines, combats signs of ageing and visibly improves the appearance of your skin. The result is smooth, firm and youthful looking skin.

## PURIFYING

70 min

This detoxifying facial restores the balance of combination and oily skins. Impurities are gently removed, shine is minimized and pores are tightened leaving the skin clean, fresh and glowing with health.

## HYDRATING\*

55 min

An intensive moisture quenching facial for dehydrated skins to restore softness, increase comfort and hydration levels.

## RADIANCE\*

55 min

The ideal treat for tired and dull skins. Skin is re-energized giving a noticeably brighter, naturally radiant and luminous appearance.

## DE-SENSITIZING\*

55 min

A calming facial for sensitive skins prone to redness and irritation rendering the skin soothed, rebalanced and protected.

## MEN-KIND\*

55 min

From shaving bumps and irritation to stressed-out and tired skins, this customized facial will target and treat it to restore vitality resulting in a healthy looking skin that is refreshed and smoothed. Concludes with a scalp massage for an overall feeling of well-being.

## EYE LIFT

25 min

Perfect for those concerned with signs of ageing around the eyes. An effective rejuvenating treatment to visibly enhance the appearance of the eye area from temple to temple.

\* selected treatments



# MASSAGE

## FOUR HANDS

*by Elemental Herbology*

55 / 85 min

The ultimate indulgent experience for those who find it difficult to unwind. With long sweeping movements, two therapists connect in synchronization for this tension releasing massage for complete relaxation and total bliss.

## ON THE ROCKS

*by Clarins*

55 / 85 min

A relaxing therapeutic massage using warm volcanic stones to release deep seated tension and stress with Clarins Relax Treatment Oil rich in aromatic essential oils to calm body and mind.

## AROMA\*

*by Clarins*

55 / 85 min

Clarins aromatherapy massage uses a blend of individually selected body oils to ensure a unique treatment that suits your specific needs.

## BALINESE\*

*by Elemental Herbology*

55 / 85 min

An authentic Indonesian massage combining a variety of skin rolling, kneading, palm and thumb pressure manipulations. The circulatory, muscular and nervous systems are improved for total inner harmony.

## SWEDISH\*

*by Elemental Herbology*

55 / 85 min

A traditional Western massage modality using firm pressure and stimulating movements to soothe tense muscle tissue and promote relaxation.

\* selected treatments



## MUSCLE MELT

*by Clarins*

55 / 85 min

An intense deep tissue massage designed to alleviate muscular stress, ease tension from the shoulders and release knots in the back. Aromatic essential oils supercharge stress relieving benefits to restore an overall sense of well-being.

## LIGHTER LEGS

*by Clarins*

40 min

This refreshing treatment helps to reduce swelling as well as soothe aches and pains to bring relief to tired feet and heavy legs.

# HAMMAM



## **TURKISH DELIGHT**

*by Le Sens de Marrakech*

60 min

This ritual starts by deeply cleansing the skin with a revitalizing body scrub and exfoliation mitt followed by a full body foam massage and ends with an aromatic mud mask application, refreshing hair wash and conditioning scalp treatment.

### **INCLUDES:**

Body Scrub • Foam Massage • Thermal Clay Body Mask • Hair Wash  
Conditioning Scalp Treatment

## **MOROCCAN BATH**

*by Le Sens de Marrakech*

60 min

This nurturing and purifying top to toe cleansing body ceremony is performed on a warm marble slab using Moroccan olive paste followed by a thorough exfoliation with a traditional kessa. An application of Rhassoul clay mask follows to detoxify and tone the skin leaving it incredibly smooth and regenerated.

### **INCLUDES:**

Olive Paste • Body Scrub • Rhassoul Clay Body Mask • Hair Wash  
Conditioning Scalp Treatment

## **LUUX HAMMAM**

90 min

Your choice of Turkish Delight or Moroccan Bath followed  
by a Back Massage.

## **ULTIMATE HAMMAM**

120 min

Your choice of Turkish Delight or Moroccan Bath followed by a Personalized  
Body Massage\*.

\* selected treatments



# BODY TREATMENTS

## **BODY DETOX**

*by Clarins*

55 min

Detoxify with this complete body wrap using Clarins Contour Body Oil infused with essential oils of Geranium and Marjoram to eliminate toxins, drain and renew. A scalp massage follows to unwind a busy mind.

**INCLUDES:**

Body Exfoliation • Detox Body Wrap • Scalp Massage

## **BACK FACIAL**

*by Nikki Spa*

55 min

A facial for the back! Created to address congested and blemished areas on the back. A deep cleanse, exfoliation and extraction is followed by a calming massage and a purifying mask to leave your skin feeling soothed yet re-energized.



# EXPRESS

*by Clarins*

## **BODY SCRUB**

25 min

A high-performance body exfoliation treatment that leaves the skin feeling toned and velvety smooth.

## **FACIAL**

25 min

This revitalizing treatment diminishes visible signs of fatigue and restores skin's luminosity. Skin is cleansed and exfoliated followed by a customized mask application and finishing creams for an instantly improved appearance.

## **BACK MASSAGE**

25 min

Release tension, and soothe stiff and sore muscles on the back with this skilfully applied massage using potent aromatic essential oils to bring instant relief.





# GROOMING SERVICES

## DEPILATORY WARM WAX HAIR REMOVAL

We use disposable wax products enriched with the best active ingredients for the safe and effective removal of unwanted body hair. The delicate creamy consistency of our wax has anti-inflammatory and soothing properties to help minimize redness and skin irritation while leaving the skin soft and silky.

### FULL LEG

60 min

### HALF LEG

30 min

### FULL ARM

30 min

### HALF ARM

15 min

### BIKINI LINE

15 min

### UNDER ARM

15 min

### UPPER LIP

15 min

### EYE BROW SHAPING

15 min

# HOW TO SPA

## SPA OPENING HOURS

Daily from 11am – 8pm (Tuesday closed)

## SCHEDULING AN APPOINTMENT

- Advance bookings are recommended in order to avoid disappointment
- Bookings are re-confirmed 1 day in advance. If 3 attempts to reach you prove unsuccessful your appointment will be automatically released.

## CONTACT DETAILS

- Telephone: +971 4 367 6150
- Email: [nikkispa.dubai@nikkibeachhotels.com](mailto:nikkispa.dubai@nikkibeachhotels.com)

## ARRIVAL TIME

- For the ideal experience and to achieve the maximum benefit from your spa visit we recommend you to arrive 45 min prior to your scheduled appointment to allow yourself time to check-in, change, relax and enjoy the facilities in preparation of your treatment.
- Arriving late may result in your treatment time being shortened in which case full appointment value will still be charged.

## SPA FACILITIES & ACCESS

- Access to and use of the spa is restricted to guests under 16 years of age.
- The use of the Steam, Sauna, Mixed Vitality Pool and Ice Fountain is complimentary with treatments exceeding AED 300 in value. Alternatively, a day use charge of AED 150 will apply.
- Guests are encouraged to read and observe the benefits, instructions of use, safety guidelines and contra-indications displayed next to the respective hydrothermal facilities in the spa prior to use.
- Guests are required to shower prior to using the hydrothermal facilities.

## CANCELLATION POLICY

- A minimum of 6 hours advance notice is required when re-scheduling or cancelling confirmed appointments, to avoid incurring a 50% Cancellation / No Show fee on the treatment booked.

## SPA ETIQUETTE

- Our spa environment is one of relaxation and tranquility. Please respect all spa guest's right to privacy & serenity. In light of this, the spa is a camera and smoke free zone and all personal electronic devices must be kept on silent mode.
- Guests are encouraged to support us in our eco-friendly drive and commitment to safeguard the environment by utilizing minimum amount possible of towels and disposables.

## ATTIRE:

- Nudity is not permitted in any area of the spa.
- Modest swimwear is required in the hydrothermal facilities.

## HEALTH CONDITIONS

- Please inform a member of the Nikki Spa team of any medical conditions, physical ailments, pregnancy or menstruation prior to undertaking any treatment and / or using the hydrothermal facilities so that we can guide you in selecting the most suitable treatments accordingly.

## GIFT VOUCHERS

- Gift vouchers are available for purchase at the spa reception for a specific treatment, package or value and are valid for **6 months** from the date of purchase. Gift voucher value or any part thereof cannot be redeemed against retail products.

## HOMECARE

- If you wish to extend your spa experience at home our products may be purchased from our retail area in the spa reception. Once a retail transaction has been processed and the product is taken out of the spa, refunds or exchange will not be possible.

## VALUABLES

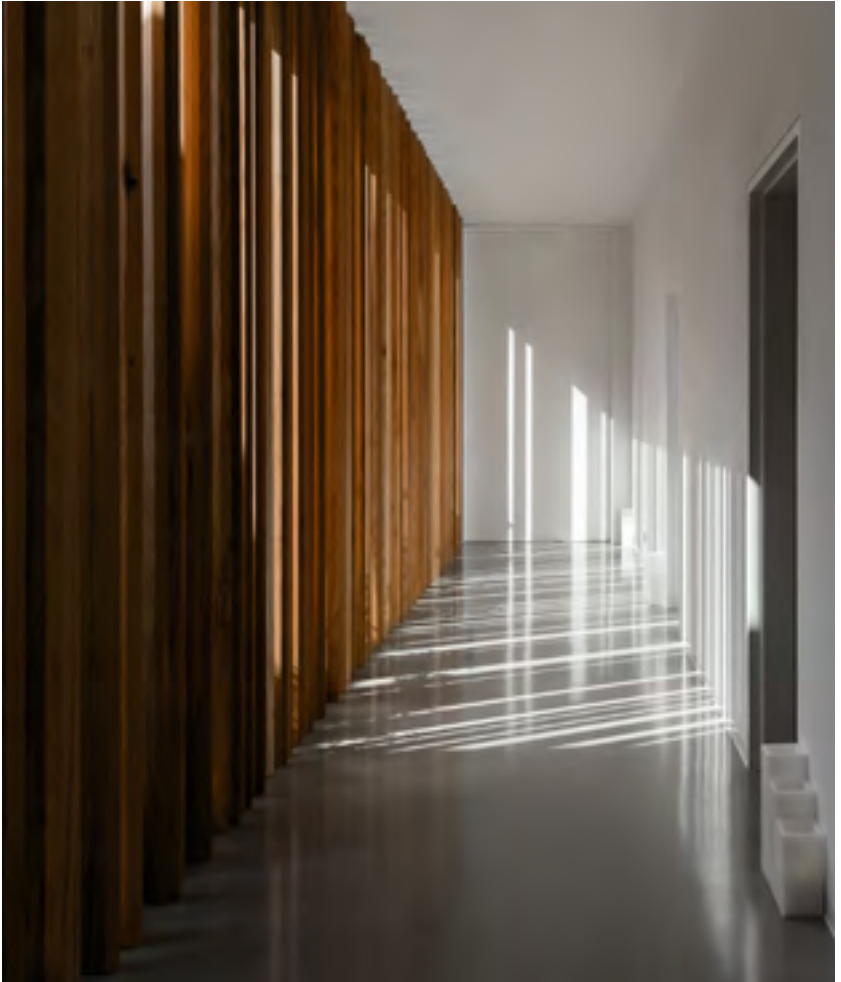
- The Management accepts no responsibility for any loss of valuables and personal belongings at any time on the spa premises. Any belongings we find will be placed in the Lost & Found Office from where they can be retrieved.

## **TONE GYM**

- A diverse workout space equipped with the latest Technogym equipment to include cardio, strength, balance, functional, resistance and suspension is open to our Resort Guests and Members from **8am to 8pm** daily.
- Personal Trainers are on hand to guide you on your fitness regime and workout needs while motivating you through every stage.

## **PRICES**

- All prices are in Emirati Dirhams (AED).
- We accept cash payment in AED and all major credit cards such as Visa, Diners, Amex and MasterCard.
- Resort guests may charge their spa services to their room account.
- Prices are subject to change at any time without prior notification.
- Gratuities are not included and are welcomed at your discretion.



# RATE CARD

## EXCLUSIVE

	<i>Mins</i>	<i>Price</i>
<b>DRIFTER</b> <sup>C</sup>	110	995
<b>SURF &amp; TURF</b> <sup>E</sup>	110	975
<b>DREAMER</b> <sup>E</sup>	85 / 110	795 / 925

## SIGNATURE

<b>REVIVE</b> <sup>C</sup>	110	825
<b>REPAIR</b> <sup>C</sup>	110	925
<b>RETREAT</b> <sup>C</sup>	110	825
<b>REFUEL</b> <sup>C</sup>	110	825
<b>RECOVER</b> <sup>C</sup>	110	925

## FACIALS

<b>AGE DEFYING FACE &amp; EYES</b> <sup>C</sup>	85	775
<b>PURIFYING</b> <sup>C</sup>	70	675
<b>HYDRATING*</b> <sup>C</sup>	55	585
<b>RADIANCE*</b> <sup>C</sup>	55	585
<b>DE-SENSITIZING*</b> <sup>C</sup>	55	585
<b>MEN-KIND*</b> <sup>C</sup>	55	585
<b>EYE LIFT</b> <sup>C</sup>	25	250

## MASSAGE

<b>FOUR HANDS</b> <sup>E</sup>	55 / 85	830 / 1,050
<b>ON THE ROCKS</b> <sup>C</sup>	55 / 85	525 / 670
<b>AROMA*</b> <sup>C</sup>	55 / 85	495 / 645
<b>BALINESE*</b> <sup>E</sup>	55 / 85	495 / 645
<b>SWEDISH*</b> <sup>E</sup>	55 / 85	495 / 645
<b>MUSCLE MELT</b> <sup>C</sup>	55 / 85	515 / 660
<b>LIGHTER LEGS</b> <sup>C</sup>	40	375

## HAMMAM

<b>TURKISH DELIGHT</b> <sup>L</sup>	60	550
<b>MOROCCAN BATH</b> <sup>L</sup>	60	550
<b>LUUX HAMMAM</b>	90	755
<b>ULTIMATE HAMMAM</b>	120	975

## BODY TREATMENTS

	<i>Mins</i>	<i>Price</i>
<b>BODY DETOX</b> <sup>C</sup>	55	550
<b>BACK FACIAL</b>	55	510

## EXPRESS

<b>BODY SCRUB</b> <sup>C</sup>	25	260
<b>FACIAL</b> <sup>C</sup>	25	285
<b>BACK MASSAGE</b> <sup>C</sup>	25	250

## GROOMING SERVICES

Depilatory warm wax hair removal

<b>FULL LEG</b>	60	165
<b>HALF LEG</b>	30	105
<b>FULL ARM</b>	30	80
<b>HALF ARM</b>	15	60
<b>BIKINI LINE</b>	15	60
<b>UNDER ARM</b>	15	45
<b>UPPER LIP</b>	15	40
<b>EYE BROW SHAPING</b>	15	45

\* selected treatments

<sup>C</sup> by Clarins

<sup>E</sup> by Elemental Herbology

<sup>L</sup> by Les Sens De Marrakech

All prices are in Emirati Dirhams (AED) and inclusive of 7% municipality fees,  
10% service charge and 5% VAT.

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